CreMento

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Get the app

Life Sciences Revision Calendar

A day-by-day Life Sciences revision plan to the exam: 10 revision blocks with minor tests, then 10 full-length exam simulations.

Life Sciences

11 minor + 10 full-length tests

Free for everyone

Reach your summit.

Plan: 1 Oct → 18 Dec · Exam 19, 22 & 27 Dec 2026 · English edition

79
days to exam

How the plan is built

Three phases · 79 days

DAYS 1–44

Block revision

10 revision blocks, each sealed by a minor test.

DAYS 45–75

Full-length tests

10 full-length, exam-timing tests, each followed by a review day for your error log.

DAYS 76–79

Taper

Rapid high-yield revision and a light final day. Rest days follow until the exam.

DESIGN PRINCIPLES

- **10 revision blocks** — The syllabus splits into 10 blocks, each sealed by a minor test.
- **Minor tests · block-wise** — Each minor test covers the block you have just revised (50 Q).
- **10 full-length tests** — 10 exam-pattern, exam-timing full tests alternate with review days in the final stretch.
- **Review, then re-revise** — Every full test is followed by a review day — log mistakes, re-revise the weak units.

READING THE PLAN

Each day carries a focus type:

Revise | Revise + Test | Full Test | Review | Taper

79	13	21	10
days · 1 Oct – 18 Dec	syllabus units revised	tests in the series	full-length tests

Your test series — 21 tests

Life Sciences

10 minor tests lock in each revision block, plus a Paper 1 aptitude test; 10 full-length exam simulations complete the plan. Every test opens in the CreMento app.

s1 **Short Test 1 · Block 1**
Molecules and their Interaction Relevant to Biology · Cellular Organization
MINOR TEST 50 Q Day 5 · 5 Oct
Premium
Open in the CreMento app to unlock

s2 **Short Test 2 · Block 2**
Fundamental Processes · Cell Communication and Cell Signaling
MINOR TEST 50 Q Day 9 · 9 Oct
Premium
Open in the CreMento app to unlock

s3 **Short Test 3 · Block 3**
Developmental Biology · System Physiology – Plant
MINOR TEST 50 Q Day 13 · 13 Oct
Premium
Open in the CreMento app to unlock

s4 **Short Test 4 · Block 4**
System Physiology – Animal
MINOR TEST 50 Q Day 17 · 17 Oct
Premium
Open in the CreMento app to unlock

s5 **Short Test 5 · Block 5**
Inheritance Biology
MINOR TEST 50 Q Day 21 · 21 Oct
Premium
Open in the CreMento app to unlock

s6 **Short Test 6 · Block 6**
Diversity of Life Forms
MINOR TEST 50 Q Day 25 · 25 Oct
Premium
Open in the CreMento app to unlock

s7 **Short Test 7 · Block 7**
Ecological Principles
MINOR TEST 50 Q Day 29 · 29 Oct
Premium
Open in the CreMento app to unlock

s8 **Short Test 8 · Block 8**
Evolution and Behavior
MINOR TEST 50 Q Day 33 · 2 Nov
Premium
Open in the CreMento app to unlock

s9 **Short Test 9 · Block 9**
Applied Biology
MINOR TEST 50 Q Day 37 · 6 Nov
Premium
Open in the CreMento app to unlock

s10 **Short Test 10 · Block 10**
Methods in Biology
MINOR TEST 50 Q Day 41 · 10 Nov
Premium
Open in the CreMento app to unlock

a1 **Aptitude Test · Paper 1 Mix**
Reasoning · Comprehension · ICT · Data Interpretation & more
PAPER 1 APTITUDE 50 Q Day 44 · 13 Nov
Premium
Open in the CreMento app to unlock

Your test series — 21 tests

Life Sciences

10 minor tests lock in each revision block, plus a Paper 1 aptitude test; 10 full-length exam simulations complete the plan. Every test opens in the CreMento app.

F1 Full Test 1 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 47 · 16 Nov
Premium
Open in the CreMento app to unlock

F2 Full Test 2 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 50 · 19 Nov
Premium
Open in the CreMento app to unlock

F3 Full Test 3 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 53 · 22 Nov
Premium
Open in the CreMento app to unlock

F4 Full Test 4 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 56 · 25 Nov
Premium
Open in the CreMento app to unlock

F5 Full Test 5 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 59 · 28 Nov
Premium
Open in the CreMento app to unlock

F6 Full Test 6 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 62 · 1 Dec
Premium
Open in the CreMento app to unlock

F7 Full Test 7 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 65 · 4 Dec
Premium
Open in the CreMento app to unlock

F8 Full Test 8 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 68 · 7 Dec
Premium
Open in the CreMento app to unlock

F9 Full Test 9 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 71 · 10 Dec
Premium
Open in the CreMento app to unlock

F10 Full Test 10 · Exam Simulation
Full syllabus — exam pattern, exam timing
FULL-LENGTH 100 Q Day 74 · 13 Dec
Premium
Open in the CreMento app to unlock

October 2026 — Life Sciences

79 days to exam → 49 days to exam

MON	TUE	WED	THU	FRI	SAT	SUN
28	29	30	1 · 1 Molecules and their Interaction Re…	2 · 2 Molecules and their Interaction Re…	3 · 3 Cellular Organization	4 · 4 Cellular Organization
5 · 5 Short Test 1 ● s1	6 · 6 Fundamental Processes	7 · 7 Cell Communication and Cell Signal…	8 · 8 Cell Communication and Cell Signal…	9 · 9 Short Test 2 ● s2	10 · 10 Developmental Biology	11 · 11 System Physiology – Plant
12 · 12 System Physiology – Plant	13 · 13 Short Test 3 ● s3	14 · 14 System Physiology – Animal	15 · 15 System Physiology – Animal	16 · 16 System Physiology – Animal	17 · 17 Short Test 4 ● s4	18 · 18 Inheritance Biology
19 · 19 Inheritance Biology	20 · 20 Inheritance Biology	21 · 21 Short Test 5 ● s5	22 · 22 Diversity of Life Forms	23 · 23 Diversity of Life Forms	24 · 24 Diversity of Life Forms	25 · 25 Short Test 6 ● s6
26 · 26 Ecological Principles	27 · 27 Ecological Principles	28 · 28 Ecological Principles	29 · 29 Short Test 7 ● s7	30 · 30 Evolution and Behavior	31 · 31 Evolution and Behavior	1

Block revision · Full-length tests · Taper · ● minor test · ★ full-length test

November 2026 — Life Sciences

48 days to exam → 19 days to exam

MON	TUE	WED	THU	FRI	SAT	SUN
26	27	28	29	30	31	1 · 32 Evolution and Behavior
2 · 33 Short Test 8 ● s8	3 · 34 Applied Biology	4 · 35 Applied Biology	5 · 36 Applied Biology	6 · 37 Short Test 9 ● s9	7 · 38 Methods in Biology	8 · 39 Methods in Biology
9 · 40 Methods in Biology	10 · 41 Short Test 10 ● s10	11 · 42 Rapid revision	12 · 43 Rapid revision	13 · 44 Aptitude Test ● a1	14 · 45 Rapid revision	15 · 46 Rapid revision
16 · 47 Full Test 1 ★ F1	17 · 48 Review + revise	18 · 49 Rapid revision	19 · 50 Full Test 2 ★ F2	20 · 51 Review + revise	21 · 52 Rapid revision	22 · 53 Full Test 3 ★ F3
23 · 54 Review + revise	24 · 55 Rapid revision	25 · 56 Full Test 4 ★ F4	26 · 57 Review + revise	27 · 58 Rapid revision	28 · 59 Full Test 5 ★ F5	29 · 60 Review + revise
30 · 61 Rapid revision	1	2	3	4	5	6

Block revision · Full-length tests · Taper · ● minor test · ★ full-length test

December 2026 — Life Sciences

18 days to exam → 1 days to exam

MON	TUE	WED	THU	FRI	SAT	SUN
30	1 · 62 Full Test 6 ★ F6	2 · 63 Review + revise	3 · 64 Rapid revision	4 · 65 Full Test 7 ★ F7	5 · 66 Review + revise	6 · 67 Rapid revision
7 · 68 Full Test 8 ★ F8	8 · 69 Review + revise	9 · 70 Rapid revision	10 · 71 Full Test 9 ★ F9	11 · 72 Review + revise	12 · 73 Rapid revision	13 · 74 Full Test 10 ★ F10
14 · 75 Review + revise	15 · 76 Rapid revision	16 · 77 Rapid revision	17 · 78 Rapid revision	18 · 79 Light revision	19 **EXAM DAY** your date: admit card	20 rest & light revise
21 rest & light revise	22 **EXAM DAY** your date: admit card	23 rest & light revise	24 rest & light revise	25 rest & light revise	26 rest & light revise	27 **EXAM DAY** your date: admit card
28	29	30	31	1	2	3

Block revision · Full-length tests · Taper · minor test · ★ full-length test

W1 WEEK — Life Sciences

"Revision is not repetition — it is reinforcement."

1 Oct – 7 Oct · 73 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
1 Oct Thu	Revise	**Revise — Molecules and their Interaction Relevant to Biology** Molecules and their Interaction Relevant to Biology	*Self-revision*
2 Oct Fri	Revise	**Revise — Molecules and their Interaction Relevant to Biology** Molecules and their Interaction Relevant to Biology	*Self-revision*
3 Oct Sat	Revise	**Revise — Cellular Organization** Cellular Organization	*Self-revision*
4 Oct Sun	Revise	**Revise — Cellular Organization** Cellular Organization	*Self-revision*
5 Oct Mon	Revise + Test	**Short Test 1 · Block 1** Molecules and their Interaction Relevant to Biology · Cellular Organization	**s1 · Short Test 1 · Block 1** Molecules and their Interaction Relevant to Biology · Cellular Organization · 50 Q Premium
6 Oct Tue	Revise	**Revise — Fundamental Processes** Fundamental Processes	*Self-revision*
7 Oct Wed	Revise	**Revise — Cell Communication and Cell Signaling** Cell Communication and Cell Signaling	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W2 WEEK

Life Sciences

"Small daily improvements are the key to staggering long-term results."

8 Oct – 14 Oct · 66 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
8 Oct Thu	Revise	**Revise — Cell Communication and Cell Signaling** Cell Communication and Cell Signaling	*Self-revision*
9 Oct Fri	Revise + Test	**Short Test 2 · Block 2** Fundamental Processes · Cell Communication and Cell Signaling	**s2 · Short Test 2 · Block 2** Fundamental Processes · Cell Communication and Cell Signaling · 50 Q Premium
10 Oct Sat	Revise	**Revise — Developmental Biology** Developmental Biology	*Self-revision*
11 Oct Sun	Revise	**Revise — System Physiology – Plant** System Physiology – Plant	*Self-revision*
12 Oct Mon	Revise	**Revise — System Physiology – Plant** System Physiology – Plant	*Self-revision*
13 Oct Tue	Revise + Test	**Short Test 3 · Block 3** Developmental Biology · System Physiology – Plant	**s3 · Short Test 3 · Block 3** Developmental Biology · System Physiology – Plant · 50 Q Premium
14 Oct Wed	Revise	**Revise — System Physiology – Animal** System Physiology – Animal	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W3 WEEK

Life Sciences

"The pain of discipline weighs ounces; the pain of regret weighs tons."

15 Oct – 21 Oct · 59 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
15 Oct Thu	Revise	**Revise — System Physiology – Animal** System Physiology – Animal	*Self-revision*
16 Oct Fri	Revise	**Revise — System Physiology – Animal** System Physiology – Animal	*Self-revision*
17 Oct Sat	Revise + Test	**Short Test 4 · Block 4** System Physiology – Animal	**s4 · Short Test 4 · Block 4** System Physiology – Animal · 50 Q Premium
18 Oct Sun	Revise	**Revise — Inheritance Biology** Inheritance Biology	*Self-revision*
19 Oct Mon	Revise	**Revise — Inheritance Biology** Inheritance Biology	*Self-revision*
20 Oct Tue	Revise	**Revise — Inheritance Biology** Inheritance Biology	*Self-revision*
21 Oct Wed	Revise + Test	**Short Test 5 · Block 5** Inheritance Biology	**s5 · Short Test 5 · Block 5** Inheritance Biology · 50 Q Premium

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W4 WEEK

Life Sciences

"Practice under pressure, perform with ease."

22 Oct – 28 Oct · 52 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
22 Oct Thu	Revise	**Revise — Diversity of Life Forms** Diversity of Life Forms	*Self-revision*
23 Oct Fri	Revise	**Revise — Diversity of Life Forms** Diversity of Life Forms	*Self-revision*
24 Oct Sat	Revise	**Revise — Diversity of Life Forms** Diversity of Life Forms	*Self-revision*
25 Oct Sun	Revise + Test	**Short Test 6 · Block 6** Diversity of Life Forms	**s6 · Short Test 6 · Block 6** Diversity of Life Forms · 50 Q Premium
26 Oct Mon	Revise	**Revise — Ecological Principles** Ecological Principles	*Self-revision*
27 Oct Tue	Revise	**Revise — Ecological Principles** Ecological Principles	*Self-revision*
28 Oct Wed	Revise	**Revise — Ecological Principles** Ecological Principles	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W5 WEEK

Life Sciences

"Revision is not repetition — it is reinforcement."

29 Oct – 4 Nov · 45 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
29 Oct Thu	Revise + Test	**Short Test 7 · Block 7** Ecological Principles	**s7 · Short Test 7 · Block 7** Ecological Principles · 50 Q — Premium
30 Oct Fri	Revise	**Revise — Evolution and Behavior** Evolution and Behavior	*Self-revision*
31 Oct Sat	Revise	**Revise — Evolution and Behavior** Evolution and Behavior	*Self-revision*
1 Nov Sun	Revise	**Revise — Evolution and Behavior** Evolution and Behavior	*Self-revision*
2 Nov Mon	Revise + Test	**Short Test 8 · Block 8** Evolution and Behavior	**s8 · Short Test 8 · Block 8** Evolution and Behavior · 50 Q — Premium
3 Nov Tue	Revise	**Revise — Applied Biology** Applied Biology	*Self-revision*
4 Nov Wed	Revise	**Revise — Applied Biology** Applied Biology	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W6 WEEK

Life Sciences

"Small daily improvements are the key to staggering long-term results."

5 Nov – 11 Nov · 38 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
36 5 Nov Thu	Revise	**Revise — Applied Biology** Applied Biology	*Self-revision*
37 6 Nov Fri	Revise + Test	**Short Test 9 · Block 9** Applied Biology	**s9 · Short Test 9 · Block 9** Applied Biology · 50 Q Premium
38 7 Nov Sat	Revise	**Revise — Methods in Biology** Methods in Biology	*Self-revision*
39 8 Nov Sun	Revise	**Revise — Methods in Biology** Methods in Biology	*Self-revision*
40 9 Nov Mon	Revise	**Revise — Methods in Biology** Methods in Biology	*Self-revision*
41 10 Nov Tue	Revise + Test	**Short Test 10 · Block 10** Methods in Biology	**s10 · Short Test 10 · Block 10** Methods in Biology · 50 Q Premium
42 11 Nov Wed	Revise	**Rapid full-syllabus revision — high-yield topics**	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W7 WEEK — Life Sciences

"The pain of discipline weighs ounces; the pain of regret weighs tons."

12 Nov – 18 Nov · 31 days to exam

BLOCK REVISION

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
43 12 Nov Thu	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
44 13 Nov Fri	Revise + Test	Aptitude day — Paper-1 style practice test	**a1 · Aptitude Test · Paper 1 Mix** — Reasoning · Comprehension · ICT · Data Interpretation & more · 50 Q — Premium
45 14 Nov Sat	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
46 15 Nov Sun	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
47 16 Nov Mon	Full Test	FULL TEST 1 — full syllabus, exam timing	**F1 · Full Test 1 · Exam Simulation** — Full syllabus — exam pattern, exam timing · 100 Q — Premium
48 17 Nov Tue	Review	Full Test 1 review · error log + weak-unit revision	*Self-revision*
49 18 Nov Wed	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W8 WEEK

Life Sciences

"Practice under pressure, perform with ease."

19 Nov – 25 Nov · 24 days to exam

FULL-LENGTH TESTS

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
50 · 19 Nov Thu	Full Test	FULL TEST 2 — full syllabus, exam timing	F2 · Full Test 2 · Exam Simulation — Full syllabus — exam pattern, exam timing · 100 Q — Premium
51 · 20 Nov Fri	Review	Full Test 2 review · error log + weak-unit revision	*Self-revision*
52 · 21 Nov Sat	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
53 · 22 Nov Sun	Full Test	FULL TEST 3 — full syllabus, exam timing	F3 · Full Test 3 · Exam Simulation — Full syllabus — exam pattern, exam timing · 100 Q — Premium
54 · 23 Nov Mon	Review	Full Test 3 review · error log + weak-unit revision	*Self-revision*
55 · 24 Nov Tue	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
56 · 25 Nov Wed	Full Test	FULL TEST 4 — full syllabus, exam timing	F4 · Full Test 4 · Exam Simulation — Full syllabus — exam pattern, exam timing · 100 Q — Premium

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W9 WEEK

Life Sciences

"Revision is not repetition — it is reinforcement."

26 Nov – 2 Dec · 17 days to exam

FULL-LENGTH TESTS

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
57 26 Nov Thu	Review	Full Test 4 review · error log + weak-unit revision	*Self-revision*
58 27 Nov Fri	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
59 28 Nov Sat	Full Test	FULL TEST 5 — full syllabus, exam timing	F5 · Full Test 5 · Exam Simulation Full syllabus — exam pattern, exam timing · 100 Q Premium
60 29 Nov Sun	Review	Full Test 5 review · error log + weak-unit revision	*Self-revision*
61 30 Nov Mon	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
62 1 Dec Tue	Full Test	FULL TEST 6 — full syllabus, exam timing	F6 · Full Test 6 · Exam Simulation Full syllabus — exam pattern, exam timing · 100 Q Premium
63 2 Dec Wed	Review	Full Test 6 review · error log + weak-unit revision	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W10 WEEK

Life Sciences

"Small daily improvements are the key to staggering long-term results."

3 Dec – 9 Dec · 10 days to exam

FULL-LENGTH TESTS

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
64 3 Dec Thu	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
65 4 Dec Fri	Full Test	FULL TEST 7 — full syllabus, exam timing	F7 · Full Test 7 · Exam Simulation — Full syllabus — exam pattern, exam timing · 100 Q — Premium
66 5 Dec Sat	Review	Full Test 7 review · error log + weak-unit revision	*Self-revision*
67 6 Dec Sun	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*
68 7 Dec Mon	Full Test	FULL TEST 8 — full syllabus, exam timing	F8 · Full Test 8 · Exam Simulation — Full syllabus — exam pattern, exam timing · 100 Q — Premium
69 8 Dec Tue	Review	Full Test 8 review · error log + weak-unit revision	*Self-revision*
70 9 Dec Wed	Revise	Rapid full-syllabus revision — high-yield topics	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W11 WEEK

Life Sciences

"The pain of discipline weighs ounces; the pain of regret weighs tons."

10 Dec – 16 Dec · 3 days to exam

FULL-LENGTH TESTS

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
71 · 10 Dec Thu	Full Test	**FULL TEST 9 — full syllabus, exam timing**	**F9 · Full Test 9 · Exam Simulation** — Full syllabus — exam pattern, exam timing · 100 Q — Premium
72 · 11 Dec Fri	Review	**Full Test 9 review · error log + weak-unit revision**	*Self-revision*
73 · 12 Dec Sat	Revise	**Rapid full-syllabus revision — high-yield topics**	*Self-revision*
74 · 13 Dec Sun	Full Test	**FULL TEST 10 — full syllabus, exam timing**	**F10 · Full Test 10 · Exam Simulation** — Full syllabus — exam pattern, exam timing · 100 Q — Premium
75 · 14 Dec Mon	Review	**Full Test 10 review · error log + weak-unit revision**	*Self-revision*
76 · 15 Dec Tue	Revise	**Rapid full-syllabus revision — high-yield topics**	*Self-revision*
77 · 16 Dec Wed	Revise	**Rapid full-syllabus revision — high-yield topics**	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN

W12
WEEK

Life Sciences

"Practice under pressure, perform with ease."

17 Dec – 18 Dec · 1 days to exam

TAPER

DAY	FOCUS	WHAT TO REVISE	CREMENTO TESTS
78 17 Dec Thu	Revise	**Rapid full-syllabus revision — high-yield topics**	*Self-revision*
79 18 Dec Fri	Taper	**Light revision + exam-day strategy**	*Self-revision*

WEEKLY AUDIT Auto: tests taken · avg score % · best / worst unit · time on app You: days revised vs planned · self-rating /10 · fix for next week

MY NOTES — WRITE YOUR OWN